



pregnancy
Magazine

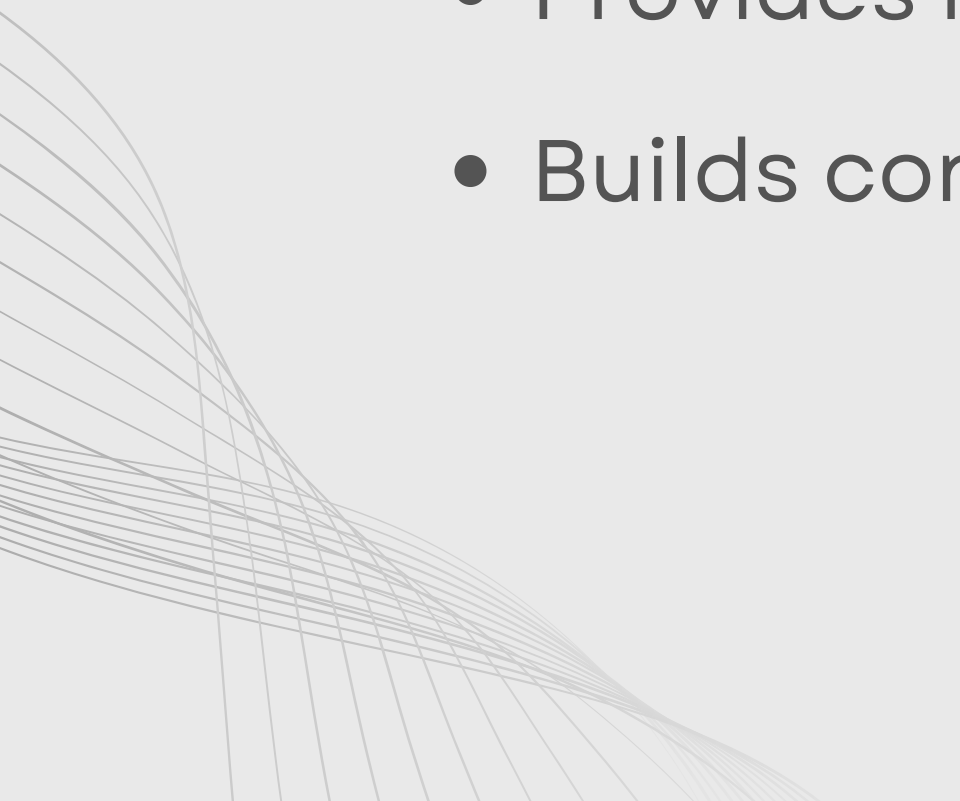
BABY CARE TIPS

By Pregnancy Magazine

<https://www.pregnancymagazine.com/baby>

WHY BABY CARE CONTENT MATTERS?

- First-time parents often seek reliable guidance.
- Helps prevent common mistakes.
- Provides reassurance and expert-backed tips.
- Builds confidence in caregiving.



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KEY BABY CARE TOPICS WE COVER

- Newborn Care Basics
- Feeding & Nutrition
- Baby Sleep & Routines
- Health & Safety
- Developmental Milestones
- Parent Wellness



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NEWBORN CARE BASICS

- Bathing and hygiene tips.
- Umbilical cord care.
- Handling colic and crying.
- Choosing the right baby products.



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FEEDING & NUTRITION

- Breastfeeding benefits and techniques.
- Formula feeding guidance.
- Introducing solid foods safely.
- Avoiding allergies and nutritional gaps.



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BABY SLEEP & ROUTINES

- Importance of safe sleep practices.
- Creating a soothing bedtime routine.
- Handling night wakings.
- Sleep regressions explained.



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Get trusted baby care advice, real stories, and expert tips every week.



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