



# Award- Winning Golf Instruction in Pittsburgh and Pennsylvania



**Presented by MLaB Golf**

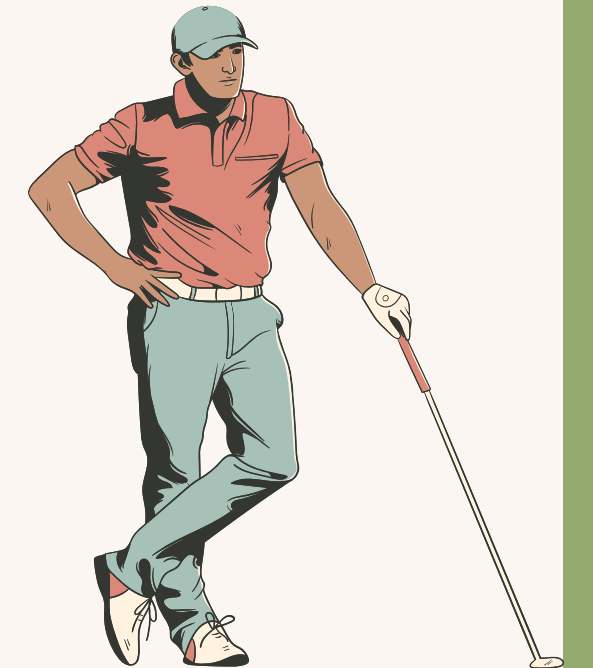


# Meet Michael LaBella



**Michael LaBella is a recognized and award-winning golf instructor in the Pittsburgh area, known for his cutting-edge approach to player development and coaching. Honored as one of Golf Digest's Best Young Teachers in America for 2022-2023, Mike has established himself as a leader in the industry, bringing a unique blend of science, skill acquisition, and mental game expertise to his students.**

**With a strong foundation in ground reaction forces, biomechanics, and functional movement, Mike applies the latest advancements in golf science to help players achieve greater consistency, power, and control in their game. He tailors his coaching to each golfer's unique swing, ensuring that every player can unlock their full potential on the course.**



# Mike's Approach to Golf Coaching



**Michael LaBella brings a comprehensive and personalized approach to golf coaching, focusing on each player's unique needs. His methods include BioSwing Dynamics assessments, TPI evaluations, and Smart2Move Force Plate technology to analyze ground reaction forces and kinematic sequencing. By emphasizing efficiency in movement, Mike helps golfers develop consistency, enhance ball flight, and increase clubhead speed.**



# Mastering the Mental Game of Golf



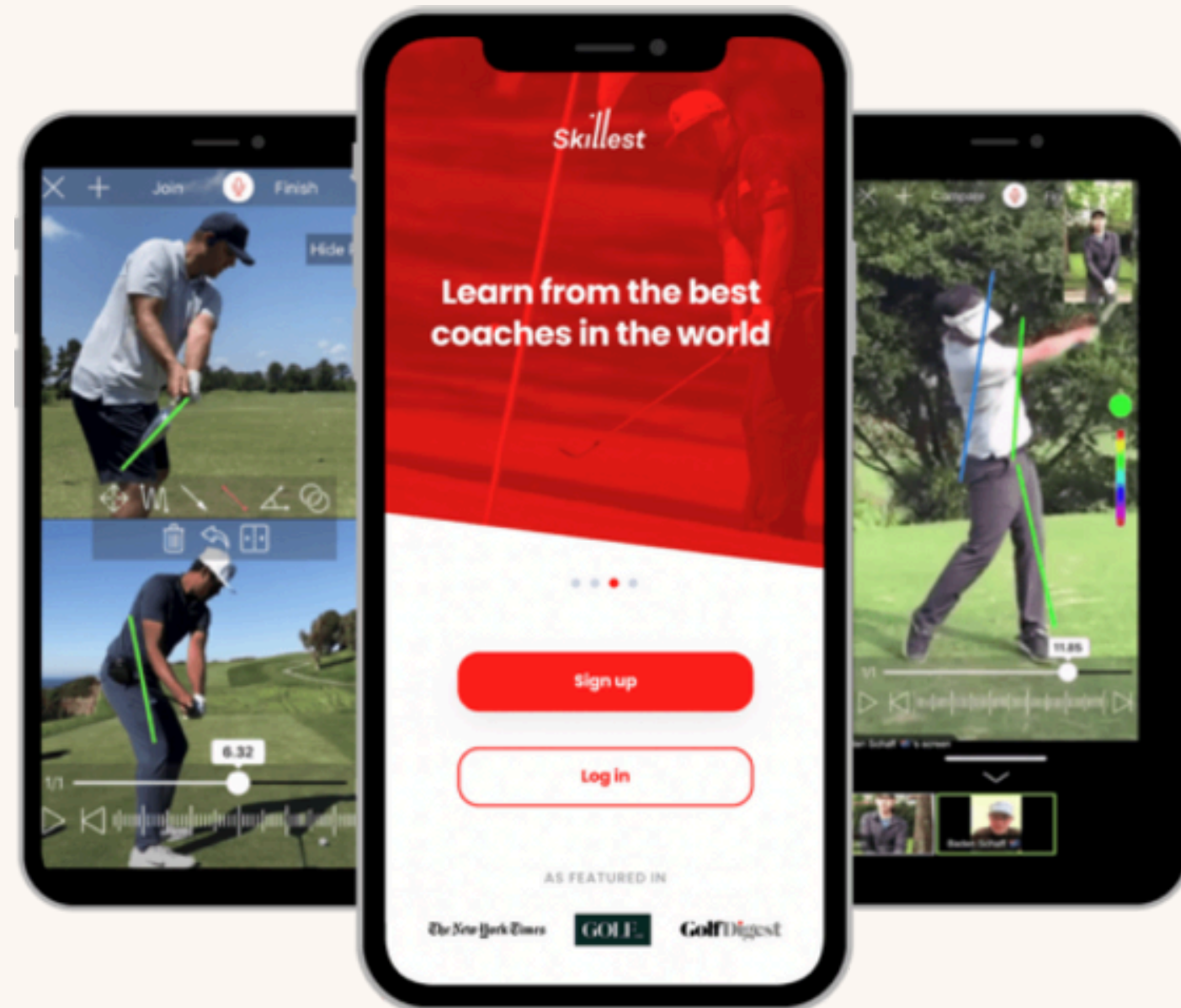
In golf, mental strength is just as crucial as physical skills. Our Golf Mental Game Training program focuses on enhancing golfers' psychological resilience, concentration, and emotional control on the course. By integrating mental training techniques into practice routines, players learn to develop focus and confidence, essential for navigating competitive play.

Participants will engage in strategies such as visualization, mindfulness, and routine building, designed to create a positive mental environment.





# Mastering the Mental Game of Golf



In today's fast-paced world, MLaB Golf brings the course to you with our innovative Virtual Golf Instruction. This flexible coaching model allows golfers of all skill levels to receive personalized lessons without geographical constraints. Through advanced technology, Michael LaBella offers tailored swing analysis, training plans, and real-time feedback, ensuring that you can refine your skills from the comfort of your home or practice facility.



# MLaB Golf Blog



**The MLaB Golf Blog is your go-to resource for all things golf, providing readers with the latest insights on techniques, strategies, and equipment. Whether you're a beginner seeking foundational knowledge or an advanced player looking to refine your skills, our blog offers valuable tips and advice tailored to your needs.**

**Discover expert insights from Michael LaBella, who shares his experiences and lessons learned from years in the game.**

**Stay updated on upcoming programs, workshops, and special events at MLaB Golf.**

# Contact Us

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About Me : **<https://about.me/mlabgolfllc>**

Behance : **<https://www.behance.net/mlabgolfllc>**

Twitch : **<https://www.twitch.tv/mlabgolfllc/about>**

Quora : **<https://www.quora.com/profile/MLaB-Golf-LLC>**

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Thank You



Very Much!

