

Zap Zits from Your Home: Online Acne Consultation with 24HrDoc

Struggling with acne? Get personalized care from the comfort of your home with 24HrDoc's online dermatologists.



What is Acne?



Acne is a chronic skin condition caused by clogged pores or hair follicles. It appears as whiteheads, pimples, blackheads, nodules, and cysts, commonly on the face, shoulders, and back.



Acne: A Widespread Issue

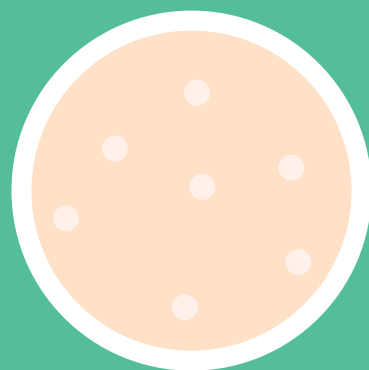
Over **45 million** people in the U.S. are affected by acne. It's most common in adolescents but can continue into adulthood.



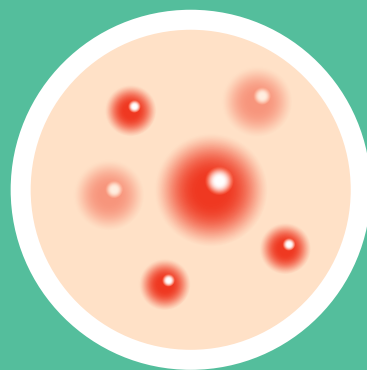
Types of Acne



Black head



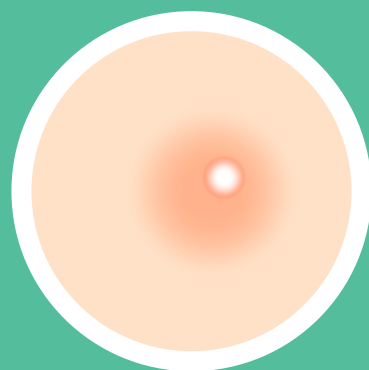
White head



Pimples



Papules



Nodules



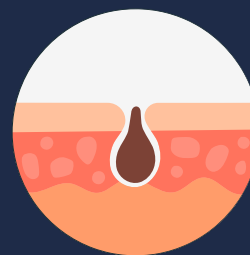
Cysts

Each type varies in appearance and severity.



What Causes Acne?

Acne is caused by clogged pores due to sebum, bacteria, and dead skin cells. Factors include genetics, hormonal imbalances, certain medications, and age.



Clogged Pores



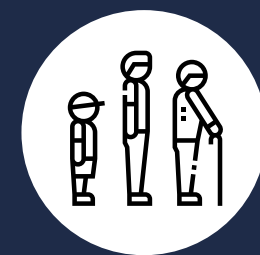
Hereditary



Hormonal Imbalance



Medications



Age Factor



What Triggers Acne?



Skin Practices



Stress



Enviromental Irritants



Unhealthy Eating



Medications for Acne?

Salicylic acid, Azelaic acid, Benzoyl peroxide, Retinoids, and Antibiotics can help manage acne.



**Common
Medications**



Preventive Measures for Acne

1

Skincare Regimen:

Use gentle cleansers, moisturizers, and anti-acne products.

2

Hygienic Habits:

Avoid touching your face with dirty hands, change pillowcases regularly, and remove makeup before bed.





How 24HrDoc Works



1. Consult online Dermatologist



2. Receive a personalized treatment plan



3. Get your prescription



4. Book follow-ups



Benefits of 24HrDoc

1. Quick and accessible treatment
2. High-quality care
3. Continuous support
4. Personalized plans



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Start Your Acne Treatment Today!

Don't let acne hold you back. Get treated with 24HrDoc and enjoy clear, healthy skin.

For more details, visit us at:
www.24hrdoc.com