

Top 5 dental cosmetic procedures to elevate your smile

We all are imperfect in our own way, and as humans, we all have some flaws or the other.

Similarly, as humans our teeth too have some flaws.

So what do we do to fix this issue? We opt and go to a [cosmetic dentist in caroline springs](#).

This is a common attribution now in cosmetic surgery which is taking on a popular pace in Melbourne.

But why do we not go to a dentist and go to a cosmetic dentist? This is because the expertise of a cosmetic dentist fixes the aesthetics of the teeth.

Let us see in the following, article what is cosmetic dentistry and what are the different kinds of cosmetic dental procedures.

Types of cosmetic and dental surgeries that you need to know

In this section of the article, we shall be exploring different kinds of cosmetic surgeries that you need to know

1. Inlays and on-lays

This cosmetic surgery procedure is also known as indirect fillings, which is usually performed in a dental laboratory.

Inlays and on lays are usually performed by cosmetic dentists in caroline springs to moderate decay or support a tooth structure to a filling.

With the help of this the cosmetic procedure helps in supporting and strengthening the teeth.

Helps in restoring the shape of the teeth.

Avoids any further decay and derivation.

The cavity is drilled from the teeth and will cover the cusp of the tooth.

2. Composite bonding

Composite bonding is one of those which is used to enhance your smile.

This composite cosmetic surgery and procedure helps in improving the smile.

Let us examine the mechanism of this cosmetic procedure closely.

Your cosmetic dentist in Melbourne will be applied after drilling out the decayed tooth and then the composite tooth surface and sculpting it into the right shape.

A layer of the resin composite material is applied to the teeth.

This helps in concealing chips and cracks in your teeth and camouflages tooth discolouration. [Which was long lost]

Composite bonding helps in closing all the gaps and spaces between the teeth and makes your teeth look longer.

This is performed by a cosmetic dentist in Melbourne and also helps you to change the shape of your teeth.

3. Composite Veneers

Composite veneers are like a thin shell of resin which is designed to improve the overall appearance of someone's teeth.

These are a good option for those who unhappy with the shape, size or color of their teeth

With the help of the [composite veneers](#) one can shape the patient's specific desires.

two types of composite veneers are available- direct composite and indirect composite veneers

Indirect veneers are those which are used to remove the enamel and after the further culturing of that enamel it is yet again applied to your teeth and there you have your teeth ready to be shaped according to your desire.

Direct composite veneers imply the application of a composite resin and bonding it to your tooth and shape and design it themselves to meet your aesthetic goals.

4. Teeth whitening and bleaching process

As the name suggests this cosmetic procedure helps the recipient to meet the aesthetic goals.

This procedure is performed by trained cosmetic Dentists in Melbourne and is accomplished on the go and in one visit.

The dental professional begins by first removing all the tartar that has been accumulating for a long time now.

These impurities can also comprise certain debris that has been accumulating for a long.

Your dental professional will apply a layer of peroxide on your teeth.

Keeping that in mind with the help of the expertise of *Cosmetic Dentist* caroline springs, there is a process of teeth whitening which can be used.

Professional teeth whitening processes mainly comprise At-home systems containing from 3% to 20% peroxide (carbamide or hydrogen peroxides.) In-office systems contain from 15% to 43% peroxide and usually yield the best whitening results.

This is viewed that the longer the solution is kept the better results the recipient can admire.

5. Cleaning

Not all the time you need a treatment, but all you need is cleaning.

This is one of the most important yet painless procedures.

Cleaning needs to be done twice a year,

With the help of cleaning, your cosmetic will clean all the tartar, bacteria, and plaque that has been accumulating for a long.

In case you want to get all the dental issues like bad breath, or chipped teeth, you can visit the dentist and get the issues fixed by a professional cosmetic dentist in Montreal.

Conclusion

In sum, as and when we go on to conclude this article, we can say that not all of us are born with a perfect set of teeth. Some people need some work done.

It is in this regard the expertise of cosmetic dentists in caroline springs creeps in.

Above there are many types of cosmetic procedures available. Hope you get an insight and you can seek help at the right time.

- <https://my.clevelandclinic.org/health/treatments/10922-dental-bonding>
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