



Active Rehab Program

Active Rehabilitation Physiotherapy | Surrey | BC

Are you suffering from severe injuries due to motor vehicle accident treatment? Don't worry about it. Vital Physio has established it's rapport in providing best **Active Rehabilitation Physiotherapy in Surrey, BC.**

Most of the surgeries are done for benefit but it has risk as well as side effects too. Sometimes, after the post-surgical operations, the body got stiff and required joint movement. So, there is a need for active rehabilitation. The different surgeries have different active rehab programs. The strength and flexibility exercises help in gaining muscle strength and mobility.

At vital physio, we mainly focus on Active Rehab sessions for the rehabilitation program of our patients. Our skilled physiotherapists in Surrey implement and design a personalized exercise plan for addressing the individual needs of each patient. We being the top-best physio in Surrey BC, offers active rehab services for different medical concerns such as nervous disorder, diabetes, cardiovascular problems, high blood pressure, high cholesterol, and stress. Our active rehab experts help patients in increasing mobility after any kind of surgery by their knowledge and experience in this field.



Why Active Rehabilitation Physiotherapy?

Active Rehabilitation utilizes progressive exercise and scope of movement techniques to assist you regarding recovering he injury. It is a protected and viable therapy for both intense and chronic conditions, regardless of whether you had a car accident or you are on long term disability (LTD) and are looking for help returning to work.

There're various top benefits of getting an **Active Rehabilitation Physiotherapy** done which are listed below:

- > Reduce Lactic Acid in Muscles
- > Helps to Eliminate Toxins
- > Maintain Muscle Flexibility
- > Improves Blood Circulation



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Vital Physio is the #1 Physiotherapy Clinic in Surrey which offers top quality services to the clients. We offer specialized physiotherapy services as well as traditional orthopedic physical therapy. With exceptional services and best physiotherapists, we are your most excellent rehabilitation and physiotherapy provider.

PROVIDED SERVICES

- Soft Tissue Release
- Electrotherapy
- Concussion Rehab
- Sports Injury
- Neurological Rehabilitation

CONTACT US

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OPENING HOURS

Monday	Closed
Tuesday	9:00Am-8:00Pm
Wednesday	9:00Am-7:00Pm
Thursday	9:00Am-8:00Pm
Friday	9:00Am-5:00Pm
Saturday	9:00Am-7:00Pm
Sunday	Closed

