



Best Child Psychiatry in Delhi for Child Psychiatry



Child Psychiatry is the assessment and treatment of several behavioral disorders and emotional issues that affect the children's overall well-being. **Children and Adolescents** dealing with these issues need the proper treatment to cope with the condition and lead a healthy life. If your child is also facing any behavioral issues and you are looking for the **best child Psychiatry in Delhi**, you can connect with **Sharda Psychiatric Clinic** in Rohini Sector-8, Delhi.

Our Clinic delivers the best **child Psychiatry** services in Delhi with a team of **expert** and **experienced psychiatrist & RCI Certified psychologists**. Under the guidance of Dr. Atmesh kumar, our team provides quality therapy, treatment, medication, and care that aligns best with your child.

After conducting your child's assessment, our certified psychiatrist will provide the best therapy and treatment to address issues. To provide treatment, we perform the following types of assessments for your child:

- IQ Assessment
- Specific Learning Disability (SLD) Assessment
- Developmental Disorder Assessment (Autism, ADHD)
- Behavioral Assessment (CBCL, CBQ)
- Neuropsychological Assessment (AIIMS, PGI-BBD)
- Personality Assessment
- Child Apperception Test (CAT)
- Thematic Apperception Test (TAT)
- Rorschach Inkblot Test
- Figure Drawing Test
- Sentence completion test

Once the assessment is completed, we deliver the following Child Psychiatry therapies or treatment.

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- **Cognitive Behavior Therapy:** To help your child manage his problems by changing the way he thinks or behaves.
- **Play Therapy:** It utilizes play to identify and treat the psychological issues of children.
- **Problem Solving:** This involves identifying, analyzing, and resolving issues to help children cope with stressful situations.
- **Self-Monitoring:** This helps children in developing self-monitoring skills to study their behavior, emotions, and traits.
- **Social Skills Training:** The training focuses on verbal and nonverbal behavior skills for improving interpersonal relations.
- **Behavior Therapy:** The therapy helps in changing children's maladaptive responses to particular situations.
- **Relaxation Training:** It focuses on helping children relax and reducing their anxiety or stress levels.
- **Systematic Desensitization:** The child is familiarized with anxiety-driven thoughts or objects while also performing relaxation techniques to minimize anxiety symptoms
- **Contingency Management:** It focuses on rewarding children for the positive behavior change and withdrawing reward for mistakes.
- **Sentence Completion test :** A semi-structured projective test to assess the thinking pattern & cognitive errors.
- **Medication :** Medicines only when required.

Get Connected with the Best Child Psychiatry services In Delhi!

Do not wait until your kid's mental well-being deteriorates and get connected with the **best child Psychiatry in Delhi** to assess his/her condition and provide the right treatment. The team of **Sharda Psychiatric Clinic** will do its best to help your kid with his problems. To book an appointment with us, you can connect with us on **WhatsApp** or **call us** directly (**9650260365**), our team will get connected with you as soon as possible.



Contact us

