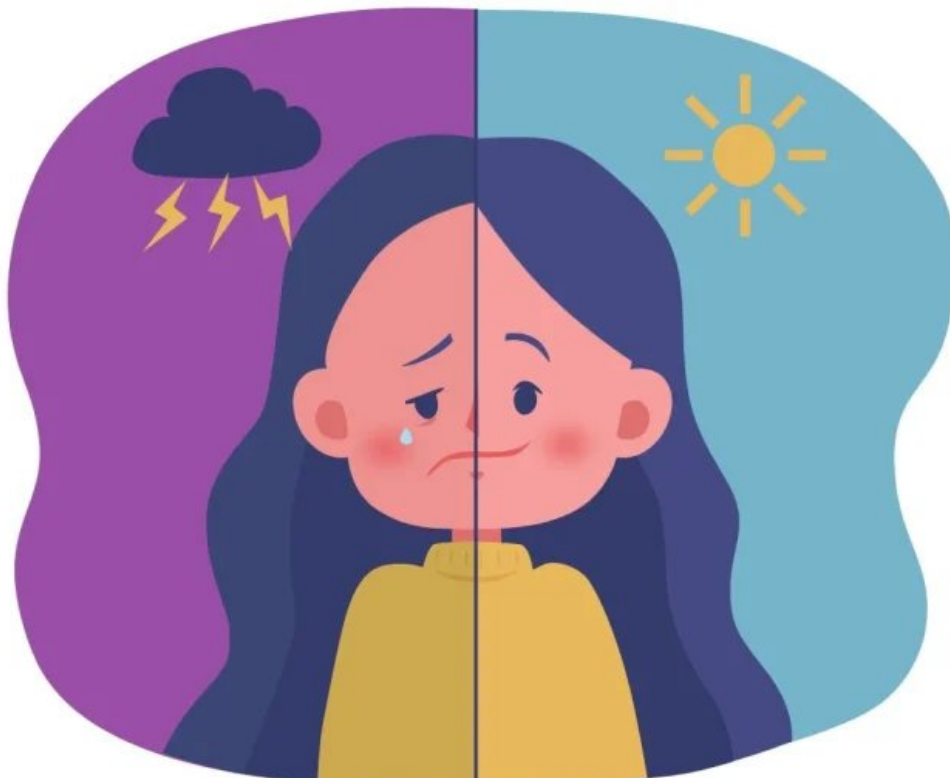




Get the Best Bipolar Disorder Treatment In Delhi





Bipolar disorder also known as Bipolar Affective Disorder OR Manic Depressive Disorder is a mental condition defined by extreme mood swings which can range from severe melancholy to intense manic highs. People struggling with bipolar disorder may also feel a disturbance in their personal and professional life. Moreover, they can also suffer from hallucinations, delusions, paranoia, and psychosis. However, with the right care and treatment, people struggling with bipolar disorder can live a better quality of life.

Are you also suffering from bipolar disorder and looking for Best Bipolar Disorder Treatment In Delhi? If yes, then you can get connected with Sharda Psychiatric Clinic. Our clinic is one of the best clinics that provide the **Best Bipolar Disorder Treatment In Delhi** with a team of certified therapists and psychiatrists.

Start Your Recovery with Sharda Psychiatric Clinic

Psychologists at our clinic are skilled, experienced, and certified and have treated several patients struggling with psychiatric illnesses like bipolar disorder. They are working under the guidance of Dr.Atmesh and know very well how to treat patients suffering from bipolar diseases. They use different therapies and treatment plans to treat their patients and ensure they step out of our clinic happily and with a positive mindset.

Common Symptoms of Bipolar Disorder

Here are a few common bipolar disorder symptoms that you might be witnessing if you are struggling with this disorder:

- **Either low/depressed mood OR highly elated happy/irritable mood**
- **Lack of energy OR very high energy levels**
- **High OR low appetite**
- **Increased/ Decreased need of sleep**
- **Increased/ Decreased LIBIDO**
- **Confidence may be low/ high**
- **Overspending of money**
- **Sudden new plans & adventures**
- **Over activity OR Lack of activity**
- **Mood swings**

- **Suspiciousness over others**
- **Hallucinatory experiences**
- **Substance abuse like Alcohol etc**
- **Irritation ,Anger & Frustration**
- **Increased/ Decreased weight**
- **Ideas of harm to self/ others**

Treatment Options Available at Our Clinic for Bipolar Disorder

Sharda Psychiatric Clinic provides the **Best Bipolar Disorder Treatment In Delhi** to improve and stabilize mood swings and help patients live positively. Here are the treatment plans we use to treat our patients:

- **Medications:** Multiple medicines like mood stabilisers, antidepressants, antipsychotics, anxiolytics, sedatives etc are utilized in the right proportion to treat patients.
- **Therapies:** Multiple therapies are used along with medicines to mitigate the symptoms of bipolar disorder. Some therapies include Social Rhythm Therapy, Interpersonal Therapy, Cognitive-behavioral therapy, Family-Focused Therapy, etc.
- **Hospital Treatment:** This treatment is recommended when a patient suffers from extreme mood swings and has the tendency to harm himself.
- **Counseling:** Proper counseling is given to help patients identify extreme mood changes and when to take treatment.
- **Lifestyle Change:** Under this, the doctor recommends various lifestyle changes to manage mood swings and improve the quality of life.

Get in Touch with Us Today!

Get connected with us for the **Best Bipolar Disorder Treatment In Delhi** and live a healthy life. We are just one call away and our team will try their best to get back to you at the earliest. So wait no longer and schedule an appointment with us and start your journey towards recovery.



