

A GUIDE TO MAKE YOUR HOUSE KIDS FRIENDLY



Abstract

Here is your complete guide to make your house kids friendly. There are many factors that you need to consider while designing a kids friendly home.

Let's have a look to these factors.

1.Introduction

Are you looking for ways to design your home to make it friendlier and safer for kids? If your answer is yes, then you should follow this guide and collect useful info.

When it comes to planning your dream renovation its important to make sure your plans include any potential new additions to the family. After all, there's no faster way to wear out certain parts of the home than by having children running up and down the corridors.

Luckily, planning your renovation with childproof design ideas is easier than you think.

Continue reading for detailed info.



2. The Do's and Don'ts of Family-Friendly Design

Here are some do's and don'ts for decorating a home with a family in mind.

Don't Use High-Maintenance Fabric

When picking upholstered furniture, do your research and choose a fabric or material that repels spills and stains — and is resistant to snags. Leather and microfiber are great high-performance fabrics, and tight-weave fabrics are more snag-proof than loose-weave fabrics like tweed.

Do Offer Low Seating Options

Whether it's beanbag chairs, floor cushions, stylish poufs or sofas with low profiles, kids enjoy seats that are low to the floor.

Don't Put Rugs Under the Kitchen Table

If you're not a fan of cleaning rugs that are crusted over with applesauce and spilled beverages, just do away with rugs under the kitchen table. While a rug can add warmth to a room, it may not be worth the hassle of cleaning stains and messes that are bound to happen with kids.

Do Use Tables With Easily Wipeable Surfaces

If your dining table is a popular spot for crafts and coloring activities, it might be worth picking a table with an easily wipeable surface.

Don't Clutter High-Traffic Areas

Resist the impulse to clutter high-traffic areas with too much furniture and decor. Entryways and family rooms are common areas for congestion and chaos, so think twice before filling them with accent tables, lamps and other non-essential decor.

Don't Skimp on Kitchen Counter Space

If the kitchen is a gathering hot spot for your family, designate some counter space for kids to snack, draw, chat or help with cooking. Outfit your kitchen island or counter with comfortable stools that invite family members to gather 'round.

Do Add a Banquette

Banquettes are a perfect solution to accommodate wiggly, squirmy kids during family meals. They're especially great for expanding seating capacity in small spaces.

Don't Forget About Storage

Whether it's bins, baskets, consoles or built-in cubbies, you can never have enough storage in a home with kids — especially in mudrooms and family rooms, where kid gear is most abundant. “Functional, beautiful storage pieces can be a great way to quickly hide kid toys when guests stop over at the drop of a hat,” says experts.

Do Choose Furniture That Ages Well



Invest in furniture that ages well and improves with wear and tear, such as vintage items and leather upholstery.

Don't Use (Too Much) Open Shelving

Shelves overflowing with toys and games can be an eyesore. They can also make it look like kids have commandeered your living room. The solution? Use closed storage. “Closed storage is your best friend because it massively reduces visual chaos,.

Do Get Creative With Storage



Kids come with a lot of stuff, so look for unexpected spots to add extra storage, such as on walls, behind doors and underneath furniture. Here in a kids' play space, creative wall shelving for storage does double-duty as cute wall decor. Extra, out-of-sight storage is available in the built-in cabinetry.

Don't Resign Yourself to Queen-Sized Beds

A king-sized bed makes a world of difference for morning family snuggles — and for those nights when kids come crawling into your bed. Get an upholstered frame to make snuggling even more cozy.

3. Kid Friendly Home Design Tips From An Expert

How can you make your family home stylish but comfortable, durable but not daggy? Here are some suggestions.

It's all about planning for the future and making the right choices, based on form and function. Ready?

THE KITCHEN

This zone is a nightmare to keep clean at the best of times. Short of hiring a full-time cleaner, there are a few steps you can take to ensure the heart of the home is beating smoothly and muck-free.

Anyone with little angels knows the chaos that is the breakfast/before school combo. It is truly a war zone. The best bet here would be a butler's pantry, if you have the space, or a 'butler's cupboard'. This way, all the gear from the morning routine (toaster, bread, kettle, etc) can be easily packed away, leaving your space free of clutter.

Natural stone and marble benchtops are best left to the unencumbered homeowners (so, those without kids). They're too easy to stain and too expensive to be forking out for the little ungratefals.

Instead, consider a composite stone such as Caesarstone, Smartstone or Essastone, as they are a mix of quartz and resin, and virtually indestructible.

Grout can become a grime magnet on a tiled splashback. For an easier wipe-up, opt for a single-slab splashback in the same material as your bench.

If you're building from new, you'll want your kitchen layout to enable the little tackers to run through, as they tend to do, without tripping you up. This is best achieved with a walk-around island bench or a double-entry galley kitchen layout. Keeping the foot traffic in your kitchen flowing is key to functionality.

Kids love a handle, and the best way to keep their grubby little paws away from your cabinetry is by installing push-to-open drawers and cupboards. At least it will take them a little longer to figure out how to get into every corner of the kitchen.

A mid-mount wall oven is the safest option when toddlers are underfoot. It will not only save your aching back, but also may save a burnt little hand or two by keeping the hot stuff out of reach.

THE LIVING AREA

This is where the kids' 1.3 million toys will live – and for those of us without the bonus of a separate rumpus room, you'll need some clever planning to keep the space looking somewhat presentable.

Furniture that serves two purposes can help keep all those toys packed away. Try an ottoman or a sofa with hidden storage inside, or even set aside a few cupboards in the entertainment unit for all things Peppa Pig and the gazillion books.



You can kiss goodbye that lovely velvet or linen lounge you had your heart set on. The cascade of vomit, avocado and smushed blueberries can destroy even the toughest of fabric couches, so leather is the way to go.

Avoid the lighter leathers if you can, and make sure you clean it often and as recommended. Although leather can seem a bit cool, dress up your sofa with plush cushions and plenty of texture. If you're buying a new lounge, pay that little bit extra for the 'no questions asked' warranty. You WILL use it.

Kids' heads seem to be a magnet for sharp corners or a solid edge, so choose furniture that will 'soften the blow' every so often. Selecting a round coffee table, an upholstered arm on the sofa and cabinetry that extends all the way to the walls will save plenty of bumps on the heads of your little treasures.

Like the sharp edge of a table, kids are drawn to the TV that blares The Wiggles at 7.05am EVERY morning (can you feel the angst?). Mount your heavy TV on the wall and you'll never have to worry about your kids pulling your expensive pride-and-joy down from a shelf, or hurting themselves in the process.

THE BATHROOM

Bathroom routines are the bane of every mum's and dad's life. It's either World War III as you even hint at the idea of personal hygiene, or the bathroom has been turned into the set of Waterworld, with toys strewn over the floor and litres of water lapping at your ankles. If we can't prevent all this, at least smart design can quell the chaos.

A smart bathroom layout will be your best friend in here. A wet zone can contain all the water-based fun in one area, preventing you from getting wet feet when you brush your teeth at the end of the night. Try having the shower next to the bath and a glass wall dividing that space from the rest of the room.

Large-format tiles do away with excessive dirt-attracting grout, saving your Saturdays for fun things such as going to dance recitals and footy training instead of scrubbing the bathroom floor. YAY!

Ditch the whole shower/bath combo. Visually it's a mess and it can be dangerous for both young kids and older folk. If you can afford the space, a separate shower and bath ticks plenty of boxes, looks so much better and caters to a busier household.

Glass doors can be a big hazard for kids with slippery hands and feet, so ditching the swinging glass door will be a godsend. Install a fixed glass panel and save on cleaning the hinged edges.

Dark grout on the floor of a tiled bathroom will hide so much more dirt and grime than a lighter grout. You could even take it a step further by committing to an epoxy grout (as opposed to the regular cement-based version). This resin-based grout is much harder and will look better for much longer.

4. Tips for Designing the Perfect Kid Bedroom

What does the 'perfect kid bedroom' really look like? If you would have asked me this question at age six, I would have emphatically told you bright colors and Lisa

Frank-themed bedding. If you asked me the same question at age twelve, I'd have swapped all of the cartoons for quotes and pictures of my friends and plastered these to every open surface. At age eighteen, I honestly couldn't care less about my home bedroom because I was building my home-away-from-home at my college dorm. And now, as I navigate the bedroom journey as a mom, I'm realizing that my aversion to neon duct tape and anime posters is really only because of my age.

But what really does go into creating the ideal space for your children? From the colors on the walls to the choice of décor, here are some tips to designing the perfect kid bedroom.



1. Get Their Input

If you're looking to make a space that's comfortable, welcoming, and exciting for your kid(s), make sure to include them in the process. While I'm not necessarily advocating for having your child as the key decision-maker, there's a special kind

of ownership that's built when they are able to weigh in on kid bedroom ideas, decisions, and even purchases.

Depending on your child's age, they can share preferences about desks, themes, or even colors. If your children share a room, you can even incorporate ideas that balance each of their perspectives so there are pockets of the space that truly feel unique and individual.

2. Incorporate Their Favorites (in Flexible Ways)

If you think back to your earlier years, chances are, you had a preferred character from a movie, TV show, song, etc. Maybe this character changed every year (or month, or week...), but it was still something you felt passionately about—and the same goes for your child!

Easy and flexible ways to incorporate your child's favorite character(s) is to get removable wall decals that can be peeled off when your child is no longer into that specific phase. You can purchase cheap themed bedding and blankets, or even use something like a chalkboard to draw designs that can be easily erased.

3. Rely on Neutrals to Allow for Change

Whether it's deciding what to eat for breakfast or determining a favorite paint color, kids are notoriously indecisive—and that's honestly okay. The things we loved when we were little have undoubtedly changed—many times. Recognizing and accepting this in our children is the first step.

However, when it comes to colors, it's best to try to opt for neutrals as much as possible. This makes the change far easier (without taking away the fun).

For example, rather than painting all four walls of your daughter's bedroom bright blue, create an accent wall. This wall will be a lot easier to change and won't require as much time, money, and effort as painting the whole room again when she decides blue is no longer her favorite shade.

4. Ensure the Space Is Conducive to Rest

One key thing parents often overlook is that bedrooms are ultimately made for resting. Simple things can make a big difference. For example, it's best to purchase a curtain that is floor-to-ceiling or blackout to completely keep out the

light. This will help with sleeping routines (especially for younger children), and most curtains come in fun colors so your child will still be able to express themselves.

5. Create Different Areas for Different Activities

At first glance, this tip may seem to relate to younger kids, but it's actually relevant for all ages. Having different 'pockets' of the bedroom for different activities can help with autonomy, self-directed work and play, and accountability.

For example, creating a homework station or workspace can help older children be more responsible and focused on their schoolwork or projects. For younger kids, having a 'Legos' station can help create more solid routines around bed or naptime because toys aren't a part of the sleeping area.

As you're designing the perfect kid bedroom, keep in mind that separation can also make the space look and feel bigger, which will make more room for fun.

6. Consider Your Child's Personality & Behavior

When it comes to creating the perfect kid bedroom, some key things to keep in mind are your child's temperament, personality, and behavior. In other words, if you have a child who is easily overstimulated by their environment, it's best to incorporate colors and tones that are subdued. That way, the space feels comforting and safe. It may be helpful to add sensory objects, calm blankets, or other items that evoke joy and peace.

On the other hand, if you have a more energetic or even rambunctious child, you may want to consider a kid full-size bedroom set that has different layers, levels, or even incorporates movement with a ladder or slide. Something like this can create an opportunity for play and self-regulation, as opposed to a regular bed that will stifle your child's natural energy and vigor.

5. Must-Haves In A Kid-Friendly Home

A child's laughter can permeate a home and warm the coldest of hearts. Kids can also create lots of messes, from the living room to the bathroom and everywhere in between. Here are some features that can help you create a kid-friendly home that's clean, organized, safe -- and fun for all.



1. Fixed-cushion sofas. Kids love pulling cushions off the sofa. One of the best things that I can recommend so that your formal living spaces look orderly, even with little ones jumping on your furniture, is to buy sofas with fixed cushions. There won't be any fort building with this sofa.

2. Vinyl flooring. If you're renovating your home, and you don't want to see your new hardwood flooring get destroyed by furniture being dragged across it, you may want to consider a good-quality vinyl floor. Vinyl floors are virtually impossible to destroy and look incredibly realistic these days. They're almost guaranteed to last through the better part of your child's stay at your house without your having to replace them.

3. Semigloss paint. Having a chalkboard for kids is really great, but you don't need to create one with chalkboard paint. I like to use semigloss paint when painting kids' areas. You can choose any color, and it washes up beautifully. Marker, crayon and chalk all wash off easily when a semigloss paint is used. Don't be afraid to use semigloss on all of your kids' walls.

4. Carpet tiles. We all know that children and carpet don't go well together. But if you really want carpet, you should consider using carpet tiles instead of broadloom. If something spills on a carpet tile, it's easy to lift up the 18-by-18-inch square and bring it to the dry cleaner for a proper cleaning. If the stain doesn't come out, then you need to replace only that one little square.

5. Area rugs. Generally speaking, I would recommend not using carpet under the dining table if you have children. But if you really want a rug under your table, then use carpet tiles to create an area rug.

6. Tiled walls. If you live with children, it's best to go with tiles for your bathroom walls. For some mysterious reason, toothpaste gets everywhere when kids brush their teeth. Not to mention, they're not always so great at locating the toilet in the middle of the night either.

7. Rounded furniture. Even if you live in a house with lots of space, your child will find a corner to bump into. Try to mitigate the damage to your children's heads, sides and legs by choosing furniture that is rounded, with no sharp corners. There are so many great-looking pieces today that will let you live worry-free for a long time.

8. Closed storage. You can never have enough storage when you have children, but the best way to keep toys and stuff from taking over is to create ample closed storage. Make sure you have a mix of drawer and door storage to accommodate all the different types of toys.

9. Kids' counters. If you want to keep your children from taking over your space, it's best if you can create a space of their own, close to yours. Children do like to remain close to their parents for a considerable amount of time, so giving them a work and play counter where they can paint and build would be ideal. Try to use a material that is very durable, like quartz, as a countertop, as it will get a lot of use and abuse.

10. Coat hooks. Children love coat hooks, and are especially good at hanging up their coats when the hooks are mounted at a height they can reach. When creating a space for coats, don't forget about creating a space for their backpacks and boots too.

6. Why Is Having a Clean House Important for Kids?

Humans of all ages should avoid dirt and filth. They are, however, particularly dangerous to youngsters.

Crawling children will eat anything they can get their hands on from the floor.

As a result, they are very susceptible to pathogens and infections. Let's face it, you care deeply for your children.

You never want children to become ill because you were too lazy to tidy. So go ahead and make it a habit to clean your house on a regular basis.

Here's why it is important to have a clean house for kids.



A Clean House Maintains Their Mental Health

The cleanliness of your home has an impact on your children's self-esteem and sense of responsibility.

Your children will be proud to live in a well-organized environment, and they will learn healthy habits in their own environment.

Giving the child new jobs and responsibilities each year is critical for their development.

Cleaning up their rooms, putting toys away after games, or cooking with you are all ways that younger people may help around the house.

You can assist them by writing down the things you need to complete and being appreciative when they are completed.

Routine is also necessary for the execution of such a plan.

It is much easier for young toddlers to conduct the same activities at the same time if they are always doing the same behaviors at the same time.

A clean home is one of the nicest things you can provide your family for all of the reasons stated above.

By implementing a few routines into your daily life, you may maintain an ordered home without even realizing it.

Furthermore, you can free up time by outsourcing some of your duties to the folks who live with you.

It Builds Their Physical Strength

The quality of air in your house has a significant impact on your family's health. Respiratory problems are more likely to occur in children who are exposed to mold on a frequent basis.

As a result, it's a good idea to make mold removal a top priority in your home. Check for mold in high-risk areas as the seasons change.

These are frequently gloomy and humid environments.

Showers, shower curtain seams, baths, under sinks, and ventilation hatches are just a few examples. Always try to keep one step ahead of the curve when it comes to maintaining a clean house for kids.

It's Simpler for Them to Find Things

Another advantage of having a tidy home is that it's easier for kids to locate items. You will have a difficult time discovering crucial items if your home is disorganized and unclean.

Assume you're hunting for a crucial paper. You can simply locate all of your documents if you have them categorized in a dedicated spot for documents.

It will be considerably more difficult to locate it if it is buried in a stack of disorganized papers.

You'll Have Fewer Indoor Mishaps

Assume your toddler has only recently begun to walk. He's walking across the living room when he accidentally steps on a banana peel and falls.

You learn that he has a head injury. Would you ever want your child to go through something like this? No.

That is why you should clean up your home on a regular basis. It will safeguard you and your family from a variety of mishaps, including this one.

Cleaning Your Home with Kids

For that, choose the best baby/kid-safe cleaning products for your needs and arrange them strategically.

Having high-quality products in prominent locations can go a long way! Invest in your favorite cleaning supplies and keep them on hand in the areas where they'll be used.

Here's a list of some of the common cleaning products and where they should be stored for the best chance of keeping your house clean with kids!

- Dust buster vacuum near eating places
- Bathroom spray and paper towels in the bathroom cabinet
- Stain removal spray near the hampers in the kids' rooms
- Disinfecting wipes around the house!

7. 9 Tips For Keeping Your Kids' Room Clean & Sanitised

Kids' rooms usually look like the aftereffects of a natural disaster, and cleaning it can be highly stressful and overwhelming for most parents. However, it is an unavoidable task because a dirty room can lead to bacterial infections and breathing problems in kids. Therefore, you must clean and sanitise the kids' room from time to time.

If you have a busy schedule, then contact professionals who offer the best end of lease cleaning Sydney. The experts thoroughly clean every possible surface and improve indoor air quality.

Although they are highly recommended to clean the rental property at the end of lease period, you can hire them anytime to clean your home. If you want to get the job on your own, you must have the right knowledge.

Here are nine tips for keeping your kids' room clean & sanitised.

1. Put Everything In Its Place Before Going To Bed

Kids' room is always full of clutter, so the first thing you need to do to keep the room clean is clear the clutter from time to time. The best approach will be to clean up the clutter and keep them at their respective places before you go to bed every day. You will be surprised to see how clean a room can look when it is free from clutter.

2. Dust Regularly

The best way to maintain the cleanliness of your kids' room is to perform dusting regularly. When you wipe various surfaces inside the room daily, you prevent the build-up of dust and dirt. That keeps the room cleaner for a longer time. Use a microfibre duster to wipe various surfaces inside the room. Avoiding dusting daily is one of the cleaning mistakes that are making your home dirtier.

3. Educate Your Kids

One of the best ways to keep your kids' room clean and sanitised is by educating the little ones. Explain to them the consequence of not cleaning your house and the dust and germs that cause different types of health issues. They know to start learning about house and personal hygiene from an early age. This knowledge will help them a lot in the long run.

4. Involve Kids In Your Cleaning

If you want to teach your kids an important life skill, you must involve them in dusting and scrubbing. They will learn various things, but most importantly, the little ones will understand that cleaning takes time and effort, so they will try to keep things cleaner for a long period. When assigning tasks to kids, keep in mind their age. If you need high-quality cleaning in the kids' room, contact trained cleaners who offer house cleaning Sydney.



5. Use Natural Cleaners

Several parents use store-bought cleaners to clean their kids' rooms. However, it is a huge mistake that you must avoid. Most store-bought cleaners are loaded with harmful chemicals, so using them to clean kids' rooms is not the right thing to do. Instead, you should use natural cleaning agents like baking soda, white vinegar, essential oil, etc., to clean the room in a true sense.

6. Pay Attention To The Bed

This area is where you need a regular and thorough cleaning. Make extra efforts to clean the headboard, bedding, nightstand, as well as mattress cover. Change the pillowcases and bed sheets frequently. It will keep allergies and infections at bay. When it comes to cleaning the kids' room, the bed should be your topmost priority.

7. Improve Ventilation

If you want to make the kids' room a healthier place to breathe, then you must improve the ventilation. For that, you need to open the windows of the room for a few minutes on a daily basis.

Allow the fresh air to enter the room and take out all the harmful substances with it. Improving ventilation is one of the best ways to make your home smell good. If there is problem of opening the windows, then you can install an air purifier in the room.

8. Sanitise High-Touch Points

Once you are done with cleaning the room, it is important to disinfect all the important spots. The attention to the high touch points of the room includes the

door knobs, handles, toys, switches, video game remotes, tabs, etc. If you do not want to use the disinfectant wipes that are available in the market, use natural things like rubbing alcohol or hydrogen peroxide.

9. Vacuum The Carpets

The carpets in your kids' room can accumulate a lot of dust, pet hair, insect droppings, food particles, etc.

So, vacuum the carpets properly to clean it. To eliminate the bad smell, sprinkle enough amount of baking soda on the surface evenly and allow it to settle. After 24 hours, vacuum the carpets to remove baking soda residue as well as the bad smell.

Keeping your kids' room clean & sanitised is not as challenging as it seems.

All you need to do is follow the tips mentioned above. Your task will become a lot easier, and you will be able to improve the hygiene of the room. If you need professional help to complete the task, hire experts who offer reliable end of lease cleaning in Sydney. They will save your time and energy.

Conclusion

Hope you like this guide!! We have shared all the useful info that can help you to make your house kids friendly. So, keep this info in mind while renovating your house.

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