



The Chickenpox Vaccine for Adults in Ontario

The chickenpox vaccine is available for adults in Ontario. It is administered in two doses and can help protect against the virus that causes chickenpox. The virus, also known as varicella, is highly contagious and can cause a variety of unpleasant symptoms such as fever, rash, tiredness, and headache. Let's look at why getting the [varicella vaccine in Ontario](#) is so important.

Benefits of Getting the Chickenpox Vaccine

The chickenpox vaccine for adults helps protect against the virus that causes chickenpox. It can also prevent or reduce the severity of symptoms associated with the virus if someone does get infected. This reduces the risk of complications such as bacterial infection, pneumonia, meningitis, encephalitis (inflammation of the brain), and even death from these complications. For adults who have not had chickenpox before, getting vaccinated can provide protection against it and its potential side effects.

The ideal time to get the varicella vaccine in Ontario is at least four weeks before any likely exposure to someone with active infection. It is recommended that people over 18 years old receive two doses of the vaccine about four to eight weeks apart for optimal protection. If someone has already been exposed to someone with an active infection, then they should still get vaccinated within 72 hours of being exposed in order to minimize their risk of developing severe symptoms from the virus itself or any related complications.

Who Should Get Vaccinated?

Anyone who has not had chickenpox should get vaccinated against it if they plan on travelling or if they are regularly around other people who may be at risk for having it or spreading it. People who are pregnant or immunocompromised due to a medical condition should talk to their doctor before getting vaccinated since they may be more susceptible to complications from an infection than those



with healthy immune systems. Those who have not received the chickenpox vaccine for adults should also avoid contact with anyone who has an active infection until two weeks after their last dose of the vaccine has been administered since this will give them optimal protection from becoming infected themselves.

Conclusion

Getting vaccinated against chickenpox is important because it can help protect them from developing severe symptoms and related complications due to an active infection with this virus. It is important to talk to your doctor about whether or not you need this vaccine based on your lifestyle and medical history so that you can take all necessary precautions when interacting with people who may be infected or could potentially spread it through contact.

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