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Inexpensive Home Organisation Guide



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Abstract

When you live in any size home, you have a need to have home organisation. Fact is, we all have “stuff”. And “stuff” can end up slowing down our day, and ruffling our feathers in the evening. “Stuff” quickly becomes clutter, and who wants that? Not only does clutter take away from the look of your home, it adds to the overwhelm you feel each day. Household organizing ideas can be super easy once you make them a habit. If you have stacks of papers that belong no where, crazy and chaotic mornings, or lost backpacks and car keys, check out these easy & inexpensive home organisation ideas!



Getting Started

Millions of dollars are spent each year on home organization and for good reason. Keeping a home organized is not an easy task. If you have an organized home, it really makes your life easier all around. Home organization will help you save money, time and frustration in so many ways.

I. The Scientific Reason Why Cleaning and Organising Is Good for You

Organising your space doesn't just feel good—it does your body good, too. Here's the reason cleaning & organising is good for your health.

It's hard to describe the immense peace that I feel after a simple organization project like cleaning out the pantry. As author and happiness expert Gretchen Rubin says, “outer order contributes to inner calm.” We all know that feeling of finally accomplishing a cleaning task that you've been putting off for weeks (or months, we don't judge).



It turns out that organizing your space doesn't just feel good but may actually be good for your physical and emotional health, too. Whether you're looking to freshen up your kitchen with a few tweaks or plan on going full-on Home Edit with labeled clear bins everywhere, it's worth spending the time to organize this weekend.

- **What the Experts Say**

Research shows that physical clutter creates several stimuli for your brain, making it hard to focus on the task at hand. Because of this, cleaning and organizing have been linked to decreased feelings of anxiety. Seeing clutter around you can be draining. Every unfiled piece of paper and item of clothing on the floor is a tiny taskmaster reminding you of everything you still need to accomplish. Taking time to clean and organize your space can give you some much-needed mental peace. Working in a clean space can help you to focus and be more efficient.

Organizing can also give you a sense of control. Studies show that the more sense of control you have at work, the more satisfied and less stressed you feel in your job. If you're currently working from home, this could look like setting up a designated office space or hanging a do not disturb sign on your bedroom door.

- **Are There Health Benefits?**

Organizing your home and schedule can lead to healthier choices. Research shows that planning out your schedule ahead of time and scheduling workouts helps with sticking to a regular exercise routine. Having an organized plan helps you to see your progress and small wins, which acts as a motivator to keep going.

A 2013 study found that physical order is strongly linked with healthier choices. When study participants were placed in either a messy or clean room, the ones in the clean room chose healthier snacks and were even more generous than the participants in the messy room.

If you're not sure where to start, try organizing your fridge. It's a job that can be accomplished in less than an hour and will give you a major win under your belt. It may even motivate you to tackle the rest of the kitchen. Clutter beware!

II. Ways To Motivate Your Family To Keep Your House Organised

The idea of having an organised household and family sounds fab, but not so great if you don't have the whole family on board.



The reality is that having some level of organisation within the house really does equal less stress (read: arguments). This does, however, mean getting the entire family to support your mission.

Here are some ways to motivate your family towards that goal.

1. Set the example. Make sure that you get organised before you expect everyone else in your family to become organised. Children follow closely what their parents do and say, so make organising a normal routine around your home.

2 Set clear and reasonable expectations. Be clear (write down if necessary) what household activities needs to be done and what it entails. For example: Task - Wash the dishes. Expectation - Wash, dry and put away dishes after each meal. Make sure tasks are age appropriate.

3. Homework needs to be included in the conversation when discussing household activities with school-age children. The type and amount of homework each child is responsible for should dictate the amount of activities that child performs. Create a balance so the child is not overwhelmed.

4. Create an activity chart. An activity chart is an excellent visual tool to remind everyone of their responsibilities and shows how they are progressing. Gather each family member's input and it becomes a family responsibility. Everyone then knows they play a part in the outcome.

5 Set up a reward system. Find out what your household currency is. Perhaps it is pocket money, "screen" time, or date night for the parents, or pizza night if everyone has completed their household activities for the week. Do not forget to reiterate the obvious rewards of having an organised home by making the end results of their hard work visible in their minds.

6. Make organising fun. Turn on upbeat music that everyone enjoys listening to during the activity. Turn chores into a game. Having kids toss their clothes in the laundry basket like they are playing basketball is one idea. Seeing who can put away the most toys is another. Consider setting a timer and making it a race. This will create a burst of energy to beat the buzzer.

7. Keep it interesting. As children get older and more skilled in completing household activities they will usually want different things to do and encouraging them to continue with their responsibility can be a challenge.

Keep in mind what their new "currency" might be: extra nights out, having friends over, for example.

8. Determine where family members are already organised and build upon their strengths. Even though your child's room may be a major mess, they may be good at getting homework done on time or having sports cards all in order. Focus on aspects of organisation they are already good at and encourage them to apply those skills towards other chores.

9. Be on the same page as your spouse. Nothing is worse than being inconsistent with the children, with mum saying one thing and dad saying another. Discuss the household activities with your spouse beforehand and agree on the rules and guidelines. This will eliminate any frustration and resistance on your child's part.

Remember, this change won't happen overnight, the key is consistency. It takes at least 21 days to form a habit, so keep going and enjoy the rewards.

III. How To Get Started With Home Organization | Inexpensive Home Organization Ideas



HOUSEHOLD ORGANIZATION IDEAS

1. This one is pretty self explanatory... To have the most organized household, and to avoid morning chaos, lay out everything you are going to need in the morning, the night before. Then, (and here is the hard part) teach your kids to do the same.

2. Have a central area to organize purses, keys and your wallet. Always put it there. Always. Want something that also looks good? Make this entryway

hall tree bench DIY from 'Angela Marie Makes'! Full plans and instructions for this home organization idea, and it so charming! Would love to leave my keys and purse here every day!

3. Set out everything for breakfast that is non refrigerated, right down to the spoons. Obviously, this means knowing what's for breakfast the night before. No stops at Krispy Kreme, ok? And make all kids school lunches the night before, always! Or better yet, listen to 'The Seasoned Mom' and make school lunches on Sunday that will last all week! These kinds of home organization ideas save money too!

4. Write up a daily to do list for the next morning on your smart phone and put priority items first. Move items from today that didn't get done into tomorrows list. Update your calendar. We like an app called "Cozi". It has the capability to handle your whole families' activities, and you can even keep your grocery list there. Cozi lets each family member share with one, two or all other members what their schedule is. It can also send you email reminders, like for trash day. Oh, and it's free. Or if you prefer a more traditional home organization idea, you can set up a family message station with a dry erase calendar that family members can share.

5. Evening organization tip – Go get gas, pick up the first graders cupcakes, or get that pencil sharpener that your high schooler can never seem to find. Don't put off errands 'till morning when everything is busy.

IV. How to Organise Every Room in Your Home in Sunshine Coast

Between the kids, adults, and pets in your house, it may seem like every room needs a complete makeover. Learn how to organize every room in your family's home, one room at a time, to take charge of the clutter.

Here's a list of rooms along with specific tips on how to get started organizing.

- **Bedrooms**

If the first room you see in the morning and the last one you see each night doesn't feel like your private oasis anymore, it's time to tackle the chaos in your bedroom. You can even learn how to transform your bedroom into a dream space using items you already own. Now that's a win-win. Then, go about the steps to organize your entire bedroom to make it one of your favorite rooms in the house again.

Don't neglect your closets. Transform your closet or dresser from looking like a bargain bin into looking like a fancy department store display. Go through your clothes, declutter, and create a pile to give away to a worthy charity. Then, before placing anything back in the closet, organize your clothes, shoes, and accessories.

Once you've eliminated the mess, rejuvenate the primary and guest bedrooms with a deep cleaning top to bottom, including areas that are often forgotten. Houseguests will appreciate a nice-smelling space, as well.

- **Kids' Bedrooms**

The sweet, adorable little ones who live in these rooms aren't known for being neat freaks. Fortunately, there are some organization tips just for kids' rooms that help you tackle the layer of toys on the floor and messy beds that never get made.

Having some sense of organization helps keep the mess to a minimum even when little hands want to yank today's wardrobe off their hangers. Toys can be neatly organized in your kids' bedrooms so that you're not spending every day re-cleaning the same old mess. You'll actually be able to walk into your child's room and not feel the pain of Legos underneath your feet, even if your kid's bedroom doesn't have a closet.

- **Kitchen**

There's a lot of action in the kitchen and it's evident by the crumbs, food stains, and general clutter. If this kitchen was in a restaurant would you want to eat there or would you call the health department to shut it down? Fear not though because an organized kitchen is just a few tasks away.

Organize the kitchen in a way that maximizes your counter space and reduces your counter clutter as well as the clutter hidden away in drawers. A clean and organized kitchen makes the entire house feel clean and organized, even when it's not.

Start with the cabinets, taking everything out and deciding how to best organize the space, as well as removing items that shouldn't be stored in the kitchen. Store the small kitchen appliances that only see occasional use and reorganize your pantry so it is actually functional for preparing meals.

- **Family Room**

You're a functional family but you've got a dysfunctional family room. Toys, video games, remote controls, and more end up scattered about—and one of the rooms you spend the most time in becomes one you're constantly cleaning. Do this room in stages to make the room work for you and get rid of the junk pileups. Start with a quick 30-minute organizing overhaul. Not only will the space quickly feel larger, but the sense of accomplishment will give you the motivation to power on.



Next, tackle the ever-growing pile of kids' toys. Set up areas for smaller kids to play in the room to contain their toys. The end result will be a family room that is neat and kid-friendly. Tidy up the electronics (consider hidden storage if you're short on space) and hold your family to following your system. Thin out the room of anything that doesn't belong there.

- **Playroom**

That mysterious space underneath the toys is called a floor. Haven't seen it in a while, have you? You're not alone. Families everywhere are tired of cleaning up the room that's been designated as the kids' play place, but you can end playroom clutter in an afternoon.

Sort toys, organize those that still get used, then donate gently used toys that no one plays with anymore to worthy organizations. Invest in—or DIY—playroom storage that will keep the room organized.

Make sure your playroom stays tidy with strategies that include baskets and bins. Try to reassess what your child is playing with regularly so you'll know what to keep the next time you swap out toys or get items ready to donate.

- **Bathrooms**

It's easy for the bathroom to get cluttered and dirty because you have tiny people learning how to use the potty, towels hanging everywhere from daily baths, and shampoo, toothpaste, and other personal care items that have to live in this space, too. Even homes without kids end up with cluttered bathrooms.

Grab a box and clean everything out of the bathroom. Everything. Organize your bathroom by starting with a clean slate. Slowly put what you need back in and get rid of everything else. Decide what should go on bathroom shelves, in the linen closets, and within bathroom storage areas. In the end, you will be rewarded with a well-organized bathroom ideal for stress-free mornings getting ready.

- **Garage**

The garage is supposed to be a place where we park cars and maybe work on a weekend project using a workbench. Unfortunately, in most homes, it quickly devolves into a place to store anything that doesn't have a designated spot in the rest of the house.

It only takes five easy steps to get your garage organized. Take a second look at your garage. What do you really need in there, what should be stored elsewhere, and what can be thrown out? Hang bikes on the wall so they're not on the floor. Use storage shelves to organize the tools, beach toys, and car supplies vertically. Throw out those empty bottles of brake fluid, the car-washing brushes with worn-out bristles, and broken toys you've been meaning to fix for years.

- **Mud Room/Laundry Room**

Since this area is the first stop home from school, soccer games, or work, dirty shoes and clothes are often left here. The result This small, enclosed room can feel like a gigantic mess. Plus, most mudrooms or laundry rooms have feet constantly walking through them because it's the room where you enter and exit the house. You don't want these areas to look like a drop-off point for everything from the mail to your diaper bag.

Install storage areas for each family member, as well as designated spots for mail and keys. Make sure everyone understands where everything goes, and that they follow through on the system every day. Decluttering the laundry

room will not only create a tidier room, but it will also make laundry day much easier.

- **Home Office**

Whether you use your home office as a homeschool area or to prepare presentations for the board room, this is one of the easiest rooms to load with clutter. Bills end up here, file folders are strewn about, and that big desk makes the perfect tabletop for piling mail, catalogs, and books. Take baby steps to organize this room and begin with a shakedown of the things you don't need anymore.

First, corral the clutter as much as possible. Set up an effective file storage system. This includes knowing what documents you should keep and which ones you can trash (or securely shred). Then, move on to the wires and cables strewn about from laptops, routers, and printers. Once your office is decluttered, you can move on to creating a beautiful home office space that is also functional.

- **Hall Closet**

Open your hall closet door right now. Happy with what you see? Everyone's hall closet is different but most of us can relate to the hodgepodge of clutter that lurks behind that door. You can maximize the space and minimize the junk factor when you organize closets.

Empty the closet, take stock of what you have, and make the closet efficient with hooks and organizers to keep your items neatly arranged. Organized correctly, your hall closet will even have more usable space than you thought possible. Next time you go to grab your coat, you won't have a mini yard sale staring back at you.

- **Attic/Storage Room**

The name of the room says it all. After all, you've probably made your attic or storage room the dumping ground for things you just didn't know what to do with. You know you need to dig in and throw some things out, but the thought of opening the door and having random boxes fall down on you isn't a way you'd like to spend your Saturday.

Assess the space to see how it can be reconfigured for optimal organizational purposes. Don't be afraid to take some items straight to the street. If you haven't needed that box from your bachelorette pad you rented almost 20 years ago, chances are, you won't even miss it. Chances are, holiday decor

takes up much of the space. Take time to purge ornaments and garland that have outlived their use and organize the rest. Finish with a thorough cleaning of the attic or storage room.

V. Simple Organizing Tasks to Do Now Before the Holidays Hit



Between holiday parties, family gatherings, gift shopping, wrapping, and everything else, the last thing you're going to want to think about is organizing your home. But trust me, having a space that feels tidy and put-together is going to make the upcoming busy season feel that much less chaotic and stressful.

During this in-between period as we transition from fall into full-on holiday mode, take some time to get your space in order with a few simple home organizing tasks. You'll thank me later when you decide to host an impromptu holiday party or need to find room for all those gifts you just received. Happy organizing!

- Invest in new holiday decoration storage
- Make room in your closet for winter clothes
- Take inventory of your gift-wrapping supplies
- Declutter to make room for new items
- Clear out the pantry and refrigerator

- Organize your inexpensive holiday shopping list

Did you know that Halloween was first celebrated in Australia in 1858 in Castlemaine, Victoria? Since then, the tradition has caught on with ghost tours, nightly walks, Halloween parties and even trick-or-treating sessions. In fact, according to reports, 51% of people with children in primary school planned to trick or treat.

Also, 7 out of 10 people in Australia are now celebrating this spooky tradition more than before with fun parties.

But first, if you are a newbie to this tradition, you should get a brief idea of what happens during Halloween celebrations. These parties are often grand celebrations filled with candy, pumpkins, chocolates, glitter and more and can be challenging to clean up.

To help you out, bond cleaners on Sunshine Coast have listed a few intelligent cleaning tips for your post-Halloween cleaning up.

How Is Halloween Celebrated In Australia?



Halloween is celebrated on October 31 and originates in the Celtic festival Samhain where it is believed that the ghosts of the dead returned to the earth.

Therefore it is believed that on the night of October 31, before the new year, the lines between the dead and living are blurred, and ghosts roam the earth.

That is why people wear masks on Halloween to protect themselves from ghosts.

This spooky festival became a pop culture celebration in America with Halloween-themed decorations, costume parties and movie marathons. It also spread to Australia and is slowly growing as a fun celebration where children and adults dress up in costumes and go trick-or-treating to collect sweets and candies.

With so many traditions involved in this celebration, the vital thing to remember is to stay safe during Halloween and enjoy the festivities.

Post-Halloween Clean Up

Once the celebrations are over, it is time to pick up your broom and mop and start scraping away the remains. Here are some practical tips by cleaning experts who offer bond cleaning in Sunshine Coast to help you in this regard:



1. Scrape Up Those Yummy Treats

If you left out some candy and sweets for your trick o treaters or used a lot of candy at your party, you might find some sticky stains all over.

To eliminate these sticky stains, professional bond cleaners on Sunshine Coast suggest dipping a cloth in a cup of warm water and dish soap.

Blot the stain with this cloth and let it dry before blotting it with a clean cloth.

If the stain doesn't come off, you should mix two-thirds of warm water with one-third of white vinegar and spray it on the stains.

The acetic acid in the vinegar will surely dissolve the stain and remove it. You can then blot the area with a clean cloth to remove any sticky residue.

2. Hose Down These Egg Shells

It is common for trick-or-treaters to throw eggs at homes just for fun. But this can be a nightmare to clean up the next day. The best way to get rid of these smashed eggs is by hosing down the wall above and below the mess.

This will loosen the egg mixture and shells and slide down the wall easily. You should then take a brush, dip it in warm water and dish soap, and then scrub the walls to remove any leftover smashed eggs.

3. Wipe Off Those Pumpkin Remains

Did you know that the pumpkins used in Australia differ from those used in other countries? For instance, you will find Jap Pumpkin, Turk's Turban Pumpkin, Butternut Pumpkin and Queensland Blue Pumpkin placed outside houses in Australia during Halloween celebrations. To make sure these pumpkins don't stain your porches, it would be best to place newspapers under the pumpkins.

However, if there are still stains on your front porch, you should take a cloth dipped in dish soap and warm water and wipe off these stains.

4. Vacuum To Get All The Glitter Off

If you find glitter all over your home after Halloween due to the sparkling costumes and confetti decorations, you should vacuum it to prevent the glitter from discolouring your carpets and rugs.

If the glitter is still not coming off, you should use a lint roller or a tape bundle and roll it all over your carpets or rugs. The glitter will stick to the rollers and tapes and come off quickly.

If you are finding it tough to remove all these stains or are too tired after your Halloween celebrations, you should hire bond cleaners on Sunshine Coast to give your home a good deep cleaning.

You can make your Halloween a fun celebration with pumpkins, sweets, candies, and glitter and go trick-or-treating. You don't need to worry about the aftermath of Halloween celebrations as the above tips by expert bond

cleaners on Sunshine Coast will help you remove any sticky stains and vacuum up all that glitter and dust.

You will thus be able to maintain a clean and neat home post your Halloween celebrations as well.

VI. Organising Mistakes, You May Be Making—And How to Fix Them

Having trouble organizing your home? Whether you're using too many containers or tackling paper clutter the wrong way, we're here to help. Look out for these five common organization mistakes -- and learn how to fix them.



The reason show homes look so perfect? No one lives in them! It's OK to let personality show in your space. The key is to find organization techniques that work for your family and stick to them. So go ahead, showcase your children's artwork instead of hiding it in a drawer!

- **Holding On to Unused Items**

Items that are outdated or damaged seem like pretty obvious picks for the trash pile, but what about the things that are in fine condition but you don't often use? Before organizing a space, take everything out and ask if it's something you really need.

- **Storing Everything Out of Sight**

It's OK to store that stand mixer you use every day on the kitchen counter. Clutter occurs when items are not returned to their proper places -- but that

doesn't mean everything has to be hidden away. Be cognizant of which items you use daily, and keep them easily accessible.

- **Using Too Many Containers**

Containers are useful tools, but too many bins and baskets can look messy - especially if they're stashed in plain sight. Instead invest in a piece of storage-savvy furniture, like a cubby or locker unit. You'll keep items organized while adding a cool piece to your home. It's a win-win!

- **Putting Papers in a Pile**

Heaping papers into a neat stack doesn't mean they're organized. Instead create a command center that lets you easily sort mail into categories. Consider digitizing receipts and documents instead of holding on to physical copies -- just make sure to shred them before discarding.

The Final Words

Make sure your home runs as smoothly as it can, and that you can take the time to enjoy it, instead of always dealing with clutter and chaos.

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