



The Ultimate Guide for

A STYLISH AND

FUNCTIONAL HOME

By - Jack

Abstract

No matter how pretty a home is, it also has to be functional and have a certain style that you will fall in love with everyday. So, here are some easy rules to follow when creating a stylish and functional home that's also pretty dreamy and hard to get bored with.

I. Introduction

When it comes to decorating a home, you have to be able to create that perfect marriage between style and functionality. Every design and décor element shouldn't just be randomly placed; rather, every corner of your home must be well thought of.

As you imagine a new and revamped home, paint the picture of one that's not like a lifeless showroom. Be as intentional as possible with your chosen designs and ornamentations, so your house transforms into a home. To do so, you need to have a clear understanding of what your style preferences are, as well as how you intend to make use of each corner of your home.

Are you ready to start? This year can be the perfect time to transform your home into a more stylish and functional place. You may look for a recommended reading on the said matter online, especially if you're planning for some DIY projects, or you can continue reading this article.

#1 Consider Using Earth Tones

If there's any area in your home at the moment where you have bold, bright colors, or even pastel ones, you may want to start repainting it. You can't go wrong with using earth tones. They're classic, so those tones won't go out of style. These can also blend seamlessly and match with whatever design style it is you have for your home.

Neutral, earth tones are also the best for smaller homes as they create the illusion of space. When it comes to decorating your home, you don't have to worry so much about whether or not the interior elements will match, as earth tones go with almost anything.

#2 Keep the Dust Away

Nothing kills a home's aesthetic appeal and functionality more than the presence of dust does. No one wants to stay in a room that feels and looks dusty. Likewise, having a dusty-looking home will also make your space look dated.

Remember what it's like to walk into a home or hotel where you're just so impressed by how clean it smells and feels? That's because the homeowners or management actually takes the time to clean and vacuum so frequently.

Dust is a visual nuisance, especially when neglected and left to settle for so long.

#3 Pick Kitchen Towels You're Actually Excited to Use

Yes, you can be a frugal homeowner by using old shirts as your rags. There's nothing wrong with this, except that those old shirts should never be displayed in your kitchen. While only a minimal detail, kitchen towels add an element of style in your kitchen.



As to functionality, psychologically, you can be more inclined to be excited to clean up when you have kitchen towels that you're actually excited to use. They're clean, and in designs or color hues that match your interior.

Save the old and dingy ones for heavier cleaning chores, such as for your outdoor kitchen or toilets, for instance. But, keep them hidden.

#4 Keep Frequently Used Surfaces Clear

While it's nice to have all sorts of vases and other decorative elements on your dining table or kitchen island, filling it with so many of those can hurt its functionality. Those frequently used surfaces need cleaning multiple times a day. And, it's an added chore to keep on moving aside those decorative items.

It's not going to kill your home's style to actually keep those surfaces clear. Rather, it may even make your home look more stylish when you're able to ace that minimalist look. Your dining table and kitchen island are going to look so neat and clean if you're able to do that.

However, if you want to have a vase for fresh flowers, then at least keep it limited to just one. By doing so, the functionality of those surfaces stays strong. You won't be eating up space that would've otherwise been needed for food and utensils, for example.

#5 Go for an Open Floor Plan

This fifth idea is one that requires a bit more work, but it's one that's definitely worth doing.

Open floor plans should be the go-to choice of modern homes nowadays. Style-wise, an open floor plan can make so much room for style elements, and your home will look bigger as well. As to functionality, it'll be easier to navigate one room of your home to another when there aren't walls and doors that divide the areas.

II. TIPS FOR MAKING YOUR HOME STYLISH AND FUNCTIONAL

At The Home Stylist, we know that you want your home to not only be stylish and beautiful but also a place that works for you and your lifestyle. You need a stylish and functional space. So, how do you achieve this? How do you style a functional home? We have a few ideas...

A FUNCTIONAL HOME IS A HOME WITHOUT CLUTTER

The fastest and easiest way to make a space functional is to declutter. We've blogged about this in the past and often talk about it at our workshops but this is absolutely the key place to start. When decluttering, it's important that you have an area in each room to tidy stuff away. Storage is not just important in the kitchen!

A FUNCTIONAL HOME HAS DEFINED SPACES

The next step is to focus on defining the space. Today's trend is very much about open plan living but we still need to ensure that the dining area is the dining area and the living room is still the living room. This can be done by using furniture and accessories in smart ways. Use different rugs to define two spaces like a combined sitting and dining area. Place plants in between two spaces as a divider and make sure your furniture is strategically in one area, not crossing over.

It's also important to remember that once you are done you should use your defined spaces for the purpose you created them for!

A FUNCTIONAL HOME HAS GOOD FLOW

We then need to ensure that the space/room flows. Can you walk around without bumping into furniture? Are useful items positioned close to one another? Before your move in or rearrange your furniture, roughly draw your space on a piece of paper. Sketch out where you propose to place your items and then draw in how you can walk around the room. Ideally, there should be a couple of squiggles going on around the page as there are usually a number of ways you engage with your home.

A FUNCTIONAL HOME HAS GOOD LIGHTING

Just like decluttering, we mention lighting a lot when giving styling advice. Lighting is so important in so many ways. You can define your space with the right general and accent lighting and you make a space functional using thoughtful task lighting. A mix of all three, in each space really makes a room. This not only ensures that your home is functional but the lighting can really create wow factor too.



A FUNCTIONAL HOME MAKES THE MOST OF ALL AVAILABLE SPACE

A clever home stylist uses all available space to make a home functional. This means maximising your vertical space. Elevating storage, art and even belongings can give you more floor space and surface area, helping to create more flow in your home. We've seen everything from bicycles on walls to people using funky, decorated ladders to get to their really high storage, make that ladder part of the art.

Surface space is especially important for day to day functionality. Do you have enough surfaces in every room? When seated in your sitting room is there somewhere near at hand to put your cup of coffee or glass of wine down?

A FUNCTIONAL HOME IS A FLEXIBLE HOME

Make your large pieces of furniture neutral and then add your accents in the form of soft furnishings and decor. This makes it really easy when the season or your tastes change and you want a new look.

III. FIVE REASONS WHY HOME DECORATING IS GOOD FOR YOU

There are many ways human beings experience their environments beyond the five senses. This is the central idea that authors James W. Croake, Mary Jo Weale, and W. Bruce Weale explore in their book *Environmental Interiors*, ultimately linking the art of interior design to its many psychological and emotional benefits.



Any professional interior designer will tell you that designing a home is more than just making the space look pretty. As you may already have experienced firsthand, it's also about the process of decorating itself and how it affects you personally. Interior design, it turns out, is about curating experience and is an experience in itself. Its benefits are interpersonal and encompass art and science at its core.

It Uplifts Your Creative Power

Like any other skill, decorating is sharpened with practice. Once you dip your hands into the whole decorating affair, the inspiration will take hold in your personal life.

Although the creative juices don't manifest out of the blue, once you start looking for inspiration (be that via Pinterest pins or design magazines), your own creativity will find a channel to flow through, and you'll be surprised at the veracity of your own creative reservoir.

It Increases Your Motivation

Interior design requires refined focus on details and zooming out to see the bigger picture. This creative exercise can easily pull you into brainstorm mode, shifting perspectives to see all possibilities and actively judge the best arrangement for a challenge at hand.

Once you find yourself at this level of focus, it's easy to take a ride and be immersed in the craft. Your motivation is heightened, and work becomes a joy rather than a mere task that needs completion.

It Improves Hospitality

Wouldn't you want to show off a beautiful home of your own making? Surely, receiving guests becomes less anxiety inducing when you know your home is guest ready no matter how small the space is.

Additionally, if you include the members of the family in the process of home decoration, they will help carry the burden of responsibility in maintaining and taking care of it. It's also a great family-bonding opportunity.

It Purges the Clutter

There's nothing like a good home redesign to purge all the clutter that has stuffed your house for the last decade. Clutter does not mean dirt. It's the accumulation of things that are only kept because either they seemed too unexploited for the trash, or you managed to convince yourself that they'll somehow become that necessary element for a genius home project in the future.

It Can Increase Your Home's Value

If you're thinking about selling your home in the near future, making home improvements will conversely increase its appraisal value (when done right) and hopefully help it sell higher on the market.

A well-kept home will have fewer problems physically, is more appealing and aesthetically pleasing, and generally will leave a good impression on a potential buyer. Buyers are also more willing to make compromises and agree on the original sale price if they know that they won't have to shell out more money to renovate the bathroom or address a structural problem in the kitchen. There are also some simple changes you can make that will add

instant character and appeal to your home such as replacing old doors or adding moldings and trims.

IV. How To Balance Function And Style In Your Home

Style versus function – why should we have to choose? The answer is, we shouldn't! There are plenty of ways to incorporate functional pieces of furniture and homewares that serve a purpose in a stylish home. By using an array of tips and tricks, you can make any room in the house feel beautiful, put together and functional at the same time.



Stylish Storage Baskets and Boxes

As much as we try to be minimalists, we always need storage in our homes. Whether that be for seasonal items, extra linen, remote controls, power cords, the list goes on! Before jumping to the nearest \$2 shop and purchasing a bunch of ugly plastic containers, do some research of your own. There are some gorgeous baskets and boxes you can pick up from Target and Kmart for as little as \$6! Try adding a small wicker basket to your living room that can hide all the remotes and power cords you use on a daily basis. Use stylish marble or wooden trays to gather the pile of mail, documents and keys off the kitchen bench. Look for areas in your home that you are currently storing items in, that could be improved upon and made slightly more stylish with a few simple tweaks. Sometimes it's the small things that can make a difference!

Soften Large Pieces Of Furniture

Sofas and Beds are essential pieces in our homes that are functional in order for us to relax, unwind and rejuvenate. As they are the items we use most, they're often neglected when it comes to style and maintenance. Take a look at the cushions you have on your sofa and ask yourself – are these still in shape, do they smell clean (ew) and do I still even like them!? By purchasing a few new cushions, you can completely change the look and feel of a living room. Go for a bright contrasting colour to your sofa or an array of neutral tones in an ombre effect. Take a look at your bed and make sure you are including a few stylish pieces such as a couple of cushions and a beautiful throw. There is no excuse for throwing the doona cover up and calling it a day! Soft furnishings make a huge difference in the home and can make a space feel warm and inviting for not only you, but your guests as well.

Hidden Storage

I always recommend opting for furniture that has hidden storage capabilities. When shopping for a new bed always look at designs that incorporate storage underneath in the form of drawers or a gas lift. When purchasing a piece of furniture that is functional such as a TV unit or console table, ensure it includes a couple of drawers or cabinets to neatly store items. There are so many functional furniture items on the market at the moment that don't compromise on style, so take the time to look through many options before deciding on the perfect piece.

Maximise The Space You Have

If you feel as though all the furniture pieces in your home are purely functional and not as pleasing on the eye as you had hoped, I have a trick for you! Distract the eye from any pieces in your home that you either can't afford to replace or need for functional purposes by reverting the eyes upward. Use artwork and prints to decorate your vertical surfaces and bring the focus to a gorgeous piece of art, instead of a functional item of furniture that you can't stand the sight of. You could even add small shelves to your walls and decorate them with your favourite books, trinkets and a few plants to brighten up your space in a stylish way. Layering beautiful items or using them to attract attention is a simple and very effective tool used in interior design.

Reduce The Clutter

At the end of the day, a functional home is a clutter-free and organised home. Take a step back and think about the reasons you believe your home is not as stylish or as beautiful as you wished it was. Oftentimes we have too much clutter and it simply builds up over time beneath our noses. Take a walk around your home and the areas you are not completely happy with. Could you remove some of the items that are piling up on benchtops or bursting at the seams of a piece of furniture? Have a think about ways your home is not functioning

well and reduce the amount of clutter, you will find that this will create a more refined and stylish home naturally.

V. Simple And Professional Tips To Be Organized At Home

We have never spent as much time in our homes as we have done in recent times. Our homes now have a multitude of functions that they may not have had previously. These can include: a place to school children, a place to workout or a place of work. This is in addition to the usual functions of being a safe place to retreat to and the hub of everybody's lives. Our homes have certainly had to step up in recent times.



One thing is for sure, being organized at home is important in being able to cope with the strains that the current environment has put on us all, so let us take a look at some of the benefits that being organized can provide.

Being organized at home can simply make daily life a whole lot easier. When everything has its place, you know where items are and you are more efficient as you do not have to spend time looking for them. The saying 'A tidy home, a tidy mind' is very true. An organized and tidy home provides a calm and relaxed environment which in turn can make space for motivation and focus in other areas of life without being preoccupied.

If you know that your home is taken care of, you can concentrate on other areas of your life that need attention. Furthermore, an organized home can reduce conflict in the home between the family, this is due to there being less things to become stressed about because everybody knows where they stand and what is expected of them. It can provide the time to enjoy quality time together or to practice self-care and a positive environment to practice these in.

With so many benefits that being organized at home can provide, let us take a look at 15 simple and professional tips to be organized at home that you can start doing from today.

1. Plan

It is all in the planning, if your goal is to initially declutter and organize all aspects of your home, break down the work into small manageable tasks.

Firstly, divide each area of your home that you want to concentrate on into smaller chunks, write them down and set a schedule.

For example. if you want to tackle the kitchen, set out a plan to firstly sort out your fridge and then maybe next on your list sort out your cupboards and finally if you want to incorporate cleaning into your organizing then clean your oven.

Replicate this and make a plan for each area of the home that you want to tackle. Completed tasks will feel rewarding as you tick each one off your list and furthermore it makes sure that you do not get overwhelmed by the job at hand.

2. The Pareto Principle

Some professional declutterers incorporate the Pareto Principle into their work with their clients. The notion of this principle is the 80/20 rule, 80% of results will come from 20% of action. This can be applied to clutter and organization.

Most people only use 20% of items in their home, 80% of the time. Let us take shoes for an example, you may own 20 pairs of shoes but only wear 4 pairs most of the time.

When you are organizing a space, sort items into 2 piles marked: 80% – items used occasionally or not at all and 20% – items used most of the time. You can then sort through your 80% pile and decide on items that you will keep, throw away, recycle or donate.

The aim is to have more items in the dispose of pile than the keep pile. By deciding on which pile to put items in, you are being encouraged to be mindful, really think about that item and how much you use it or how much it really means to you.

3. Take Photographs

When decluttering your home, you may come across items that you are torn between keeping or disposing of. It is a fact of life that you may not be able to keep hold of everything as you just may not have the space, unfortunately this may include sentimental items.

One solution is to take photographs of items such as your child's pictures that they have drawn or a particular piece of schoolwork that they are proud of. You can then keep these on your computer and make space in your home.

4. Allocate a Junk Drawer

Although one aim of organizing your home is to reduce items that are not needed or used, in practice, some junk is inevitable.



Allocate one drawer in the house for junk, once it is full – it is full and it is a sign that you need to sort through it. Having a junk drawer means that hopefully junk will not end up dotted around the house and you will be encouraged to sort through it periodically. This in turn means that you should not become overwhelmed and sorting of junk will not become a time consuming task.

5. Set Up a Family Meeting

Being organized in the home should involve the whole family. Set a meeting to discuss what is expected of the family as a whole and the benefits of working together as a team.

Discuss the tasks that each member will take on. Discuss with children the expectation of them helping with chores and being mindful of being organized in general.

If the whole family is on board, being organized at home should become a lot easier.

6. Set Up a To-do List

A to-do list breaks down tasks, it also helps to make visible how much progress you have made, this in turn gives you the motivation to keep going. It can help to put the list in a place that is visible to the whole family so that everybody knows what needs to be achieved. There are to-do list apps that can help you to keep on track too.

7. Prepare the Night Before

Preparation is key to being organized. In the evening, prepare lunches and set clothes out ready for the next day. This may only take 15 minutes but it makes sure that your morning can run smoothly and unexpected events can be dealt with the night before.

For example, if you have ran out of something that you need to make lunch, you can sort this in the evening rather than finding out in the morning. This prevents becoming stressed and rushing or being late for work. You can ensure that your morning is as stress free as possible.

8. Wake Up 10 Minutes Earlier

Waking up 10 minutes earlier will not have a negative impact on your sleep but it will have a positive impact on your morning. These 10 minutes extra can allow you to do a quick tidy as you go along in the morning and ensure that you come back to a tidy and organized home when you return from work. Wash your breakfast dishes, put your cosmetics away as you go along and most importantly, make your bed.

9. Do The Washing Up Straight Away

After each meal, do the washing up and dry the dishes straight away, if you put it off then the task will become overwhelming. Why not use this time as a family to work together?

You could ask your child to take the dishes to the kitchen and you and your partner can share the task of washing and drying. You can use this time to catch up as a family, the kitchen will be tidy and you can relax knowing that you have not got to get up and do three meals worth of dishes in the evening.

10. Do a Quick Evening Spruce Up Before Bed

Spend 10 minutes before bed to wash any cups or dishes used in the evening, fluff up the sofa cushions and put any bits and bobs in their place. Doing this will prevent a build up of clutter and you will have a tidy and organized home to wake up to in the morning.

11. Make a Meal Plan For the Week

Organizing your meals can have a positive impact on your health, save you money and create more time for you. There is nothing worse than spending time looking through the cupboards for something to eat or walking aimlessly through the supermarket wondering what to pick.

12. Set a Designated House Tidy Day

Set a day that suits your life and your family to work together to go through your home from top to bottom and do a full tidy and declutter. If you have kept up with some of the suggestions in this article and kept to a routine as you go along day to day, this task will not be as daunting and time consuming as you think.

13. Organize Your Paperwork

Set a designated place for your household paperwork to keep your environment clutter free and routinely discard any paperwork that is no longer needed.

14. Make Money From Your Unwanted Items

As motivation to organize your home and dispose of items that are no longer useful, sell your items online.[1] This may encourage your children to sort out their toys and games and you will be surprised at the value that others see in your unwanted items. You can look at ways to sell your unwanted items here.

15. Habit Forming

Make the routines suggested in this article a habit and your home will become more organized automatically. Rather than thinking that you have to do the particular routine and that it is laborious chore, change your mindset and make it a habit that promotes positivity.

VI. Innovative Ideas To Organise All Your Cleaning Products

Home cleaning is such an exhausting task that everyone needs a well-organised schedule to manage day-to-day cleaning activities to promote the safe and healthy environment. When you makes a move to a new house in, you will take all measures to keep your home as neat as possible using latest cleaning tricks.

While cleaning and vacuuming an entire house is an imperative task, the storage of cleaning supplies in a well-organised way holds an equal importance. In fact, you should try the following innovative ideas to store all your cleaning supplies using creative techniques and tricks. If you want to try something new, then you must read out these important tips:

Put All Supplies In A Caddy

There is no rocket science behind managing the different cleaning products and supplies. You can start with this simple trick. Find a space in your house where you can store all the essential supplies in one place. Make sure it is portable and accessible.



Now, you can add cleaners, sponges and sort rags on a wire rack, which will work for you as a well-sorted caddy. You can move that caddy along with you during the entire house cleaning process.

Go Creative

How do you manage your spray bottles, cleaning bottles and hand brushes? Do you have a specific place for them? Instead of messing them around, you can keep them in a well-segmented linen closet and hang them behind your washroom door.

It will free up some space and also help you manage your day-to-day cleaning supplies the way you want.

Hang Mop And Dustpans

Finding a pullout pantry cabinet in the Melbourne markets is very easy. If you have a tall one, you can hang mops and brooms on the top of the pantry and hand dustpans and scrubbers on the sides of a pegboard. This is an ultimate way to manage the most clutter things in a single place.

If you want a professional home cleaning, you can opt for the Victoria's best cleaning company, such as Bond Cleaning in Melbourne. They offer a whole gamut of cleaning services, from the small home to bungalows in an organised manner.

Use Baskets

You can really get exhausted, when it comes to cleaning the dirty and messy bathroom. Try to gather all the cleaning supplies and cleaners and put them in your bathroom. If you don't have enough space, you can embed small baskets on the back of your bathroom door. You can place all your tools into the baskets and use them whenever needed.

Get Eco-Friendly Cleaning Supplies

You can hire a professional cleaning company like Bond Cleaning Melbourne for Spring Cleaning and ask for tips on preparing home made cleaners or eco-friendly cleaners for safe and healthy cleaning.

VII. HEALTHY LIVING: WHAT DESIGNING A HEALTHY HOME MEANS

What is a healthy home? What does designing (or building) a healthy home actually mean? And how do you create a healthy home for the people you love?



Let's find out!

If you do any amount of exploratory research around what a healthy home is — you're bound to discover the handful of principles that make a home conducive to occupant health (i.e. living there):

Clean + Dry

It's clean, reduces pest infestation + is dry to ensure it's non-conductive for rodents.

Pest-Free

Seems like we've already outlined the principle of being pest-free. However, this also includes the risk of not only having pests but improperly treating them which can have devastating implications on one's physical health from residual particles.

Ventilated

It's got a fresh air supply for improved respiratory health.

Safe + Accessible

It's safe from potential falling + even when necessary modifications are made the home remains accessible in and outside the home.

Contaminant-Free

There's no chemical exposure from things like lead, radon gas, asbestos particles, carbon monoxide, VOCs, or secondhand smoke.

Maintained + Affordable

Has adequate maintenance from moisture, pests, or general household work especially when necessary to ensure the home is safe.

Controlled Temperatures

It maintains safe temperature levels of the heat or cold air.

But, as we see it here at Elegant Simplicity, a healthy home isn't just "conducive to occupant health. A healthy home isn't just net-zero on the impact of our health — it's a net positive.

Say, what? Yeah, your home should fill you up emotionally, mentally, physically + have a positive impact on your wellbeing.

Strategies For Designing A Healthy Home

Biophilic design

As society evolved towards a more urban, and even suburban, way of living our lifestyles, our work environments + our homes disentangled from Mother Nature. Therefore, biophilic design integrates elements of the natural environment into the places we visit, work + where we live in an effort to bridge the gap. To reconnect us back with the positive impacts nature has on our health + wellbeing.

In fact, effective biophilic design in our homes creates spaces that emulate the restorative benefits nature offers us. From incorporating direct experiences of nature like plants, water, light, and other physical elements such as air to indirect experiences of things like imagery, natural materials, colors, and other elements that mimic or evoke nature.

The presence of biophilic benefits in research has shown that spaces created with biophilic elements, derived from the natural environment, lower anxiety, anger, frustration, and confusion – a haven for emotional restoration!

Be Conscientious Of Your Investment

From volatilization which is the off-gassing of typically wet materials into the air (most commonly paints, glues, etc) to abrasion which is a type of degradation where rubbing a material releases tiny harmful particles, designing a healthy home is all about being aware of the potential risks of the things you fill your home with.

Whether you're building a home from the ground up, remodeling your kitchen or bathroom, or simply furnishing + styling, these things aren't meant to scare you but they are real.

And bringing them up is our effort to help you to become more conscious of the implications of each + every design decision you make — be it a new sofa you buy online or hardwood floors being installed in your home — What's the overall impact of what you purchase on your health and well being?

Seek Out Transparency

Whether it's advocating for or educating yourself about the ingredients used to create the things you love, seek out manufacturers, companies, and people who are willing to be as transparent as possible...

There's a lot of uncertainty in the world we live in + in your quest to create the perfect home but list up my friend, because there's neither no harm in asking nor any change demanded if we don't.

Conclusion

As you can see, a stylish and functional interior couldn't get more pleasing in every perceivable aspect. A functional home, for instance, is one with stylish doors that can be opened and closed with no obstructions, as well as a kitchen counter that's free of clutter, leaving you with enough storage space to store things. As you apply any (or all) of the ideas above, go through your home, one room at a time.

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