

The graphic features a dark blue header with the NCC logo (Neely Counseling Center) on the left and the phone number +1 (210) 523-4200 on the right. The central area has a yellow background with an illustration of a therapist and a client sitting in chairs. The therapist is on the left, holding a clipboard, and the client is on the right, looking distressed. Above them are two thought bubbles: one with a simple black dot and another with a complex, tangled black scribble. A dark blue footer at the bottom contains the text "Anxiety Counseling" in white.

**ncc.**  
Neely Counseling Center

Call Us:- +1 (210) 523-4200

**Anxiety Counseling**

While most treatment approaches for anxiety and stress are effective on the surface, they don't treat the real problem. Imagine if you can trick the brain into changing without you telling your conscious mind that you are changing it? The problem with anxiety and stress is that the brain in this state knows you want to change it and it resists. Contact [admin@neelycounseling.com](mailto:admin@neelycounseling.com) for the ultimate stress and [Anxiety Counseling Near Me](#) solution that will change your brain's autonomic nervous system patterns while you sit on your butt. +1 (210) 523-4200

## Contact Us

Address:- NCC 12030 Bandera Road #108, Suite-D San Antonio, TX

Website:- [neelycounseling.com](http://neelycounseling.com)

Email Id:- [admin@neelycounseling.com](mailto:admin@neelycounseling.com)

Call Us:- +1 (210) 523-4200